

June / Junie

2025

WALK WITH JESUS STAP MET JESUS

JESUS

Bible - Prayer - Life
Bybel - Gebed - Lewe

**Praktiese
Geloof /
Practical Faith**



Roadtrip 247

Hello!

June / Junie 2025



This workbook is a discipleship resource aimed at teenagers receiving Roadtrip247's devotionals about practical faith that will be going out over the next few weeks. Whatsapp your name to 0670501480 or download our app on your phone to get the devotionals.

Practical Faith is all about what it looks like to live as a Christian in the modern world - walking out your faith day by day.

Hierdie werkboekie is 'n dissipelskap hulpbron gemik op die tieners wat Roadtrip247 se dagstukkies ontvang oor die volgende paar weke wat handel oor praktiese geloof. Whatsapp jou naam na 0670501480 of laai ons toep (app) af op jou foon om die dagstukkies te ontvang.

Praktiese Geloof gaan oor hoe dit lyk om as 'n Christen te leef in vandag se tyd - en jou geloof met elke stap saam te dra.

Roadtrip 247 & VCSV contributors
for this workbook

Madelein de Beer - Kimberly Langhein - Eljoh Hartzler

“Faith isn’t
just for Sundays—
this is your guide to
living it out every day.”

*“Geloof is nie
net vir Sondag nie –
hierdie is jou gids om dit
elke dag uit te leef.”*

Check in

James 1:22 "Do not merely listen to the word.

Do what it says."

~

Jakobus 1:22 "Julle moet mense word wat dóén wat die woord sê.

Moet dit nie net aanhoor nie."

*Do I pray regularly? / Bid ek gereeld?

*Do I show love in my actions? / Wys ek liefde deur my aksies?

*Do I turn to God? / Draai ek na God toe?

On a scale of 1 to 5 / Op 'n skaal van 1 tot 5

*I think of God daily / Ek dink daaglik aan God

o o o o o

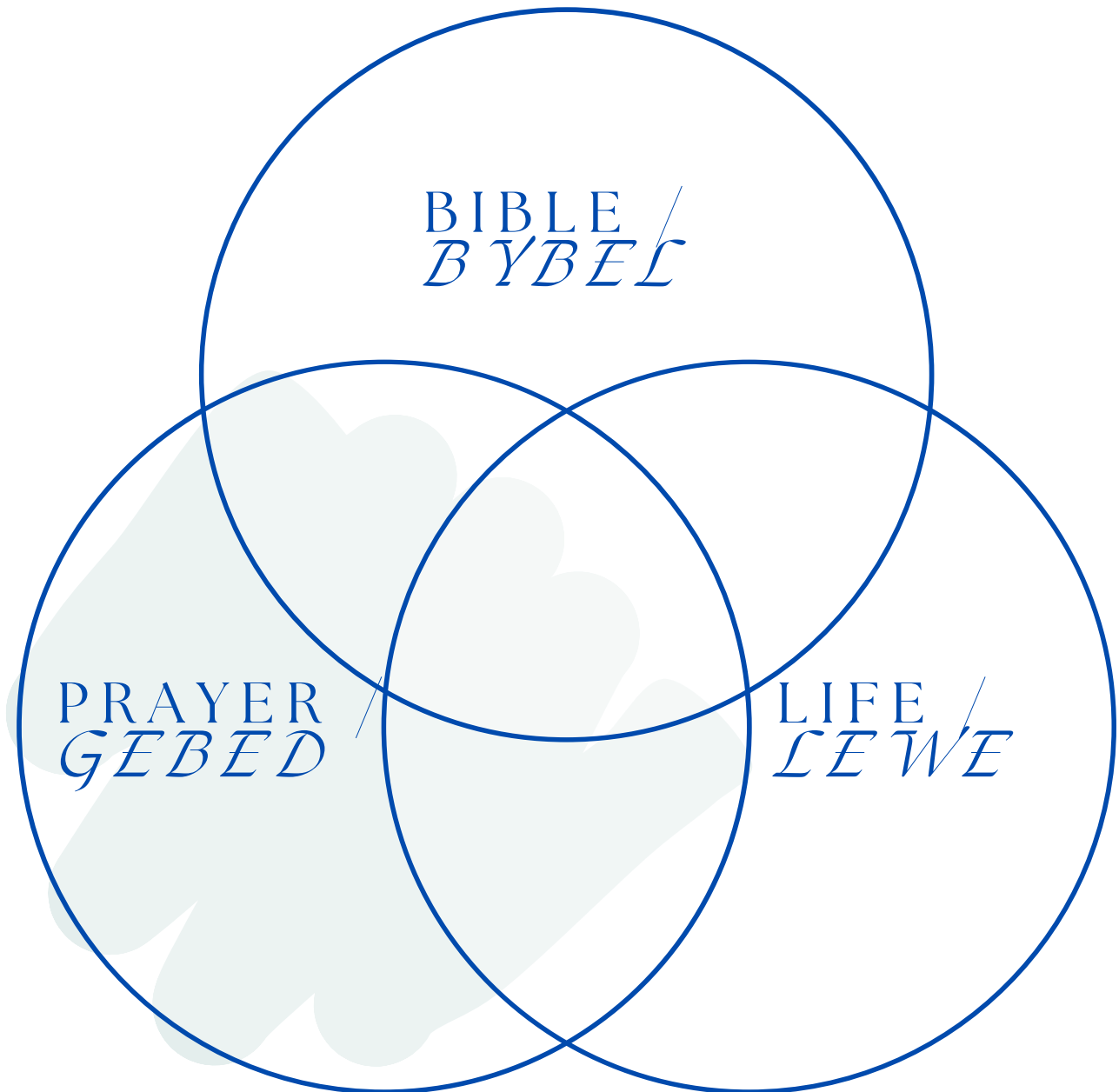
*I feel like I know God / Ek voel ek ken vir God

o o o o o

*I obey God's Word / Ek gehoorsaam God se Woord

o o o o o

1



Area number 1: How can you be equipped and empowered to pray to God every day and in every circumstance?

Area nommer 1: Hoe kan jy bemagtig en bemoedig word om tot God te bid elke dag en in elke situasie?

Prayer / *Gebed*

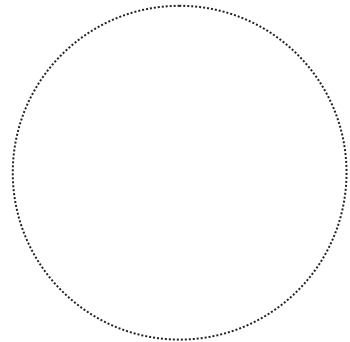
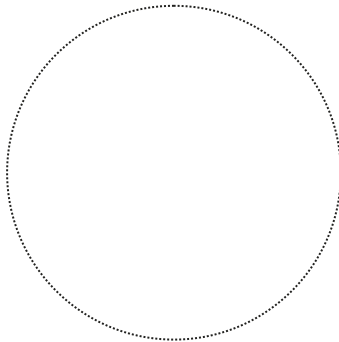
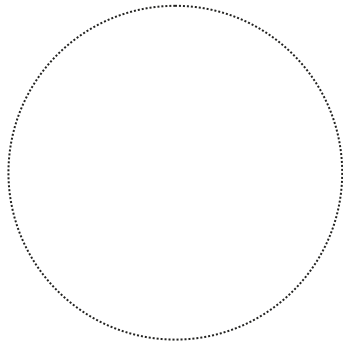
I want to pray: / Ek wil bid:

.....

My message to the Lord: / My boodskap aan die Here:

.....

WHAT I SEE / WAT EK SIEN	WHAT I FEEL / WAT EK VOEL	WHAT I HAVE / WAT EK HET
-----------------------------	------------------------------	-----------------------------



I'm trusting God for: / Ek vertrou God vir:

.....	☐
.....	☐
.....	☐
.....	☐
.....	☐
.....	☐
.....	☐
.....	☐
.....	☐

God is reminding me... / God herinner my dat...



ACTS method/ *4 B's metode*

* ADORATION

* CONFESSION

* THANKSGIVING

* SUPPLICATION

* BEWONDER

* BELY

* BEDANK

* BEHOEFTE

Did you know there are different types of prayer?
Each one focuses on a main point when speaking to God. These will
help you grow in confidence with your journey in prayer.

*Het jy geweet daar is verskillende tipes gebed?
Elkeen fokus op 'n hoof punt wanneer jy met God gesels. Die soorte
gebed sal jou help groei in selfvertroue in jou pad met gebed.*

The ACTS Prayer Method

Die 4 B's Gebed Metode

Adoration: Praise God for His greatness, and express your love and worship.

Bewonder: Loof die Here vir Sy grootheid en deel jou liefde en aanbidding.

Confession: Humbly admit your sins and ask for forgiveness.

Bely: Erken nederig jou sondes en vra om vergifnis.

Thanksgiving: Express gratitude to God for His blessings and goodness.

Bedank: Spreek dankbaarheid teenoor God uit vir Sy seëninge en goedheid.

Supplication: Make requests for yourself and others, ask God for His help.

Behoeft: Róg versoeke vir jouself en ander en vra God vir Sy hulp en leiding.

Prayer time / *Tyd om te Bíd*

Now, take time to sit quietly and talk to God with the guidance of the different types of prayer.

-

Neem nou die tyd om in stilte te sit en met God te praat deur die hulpbron van verskillende tipes gebed.

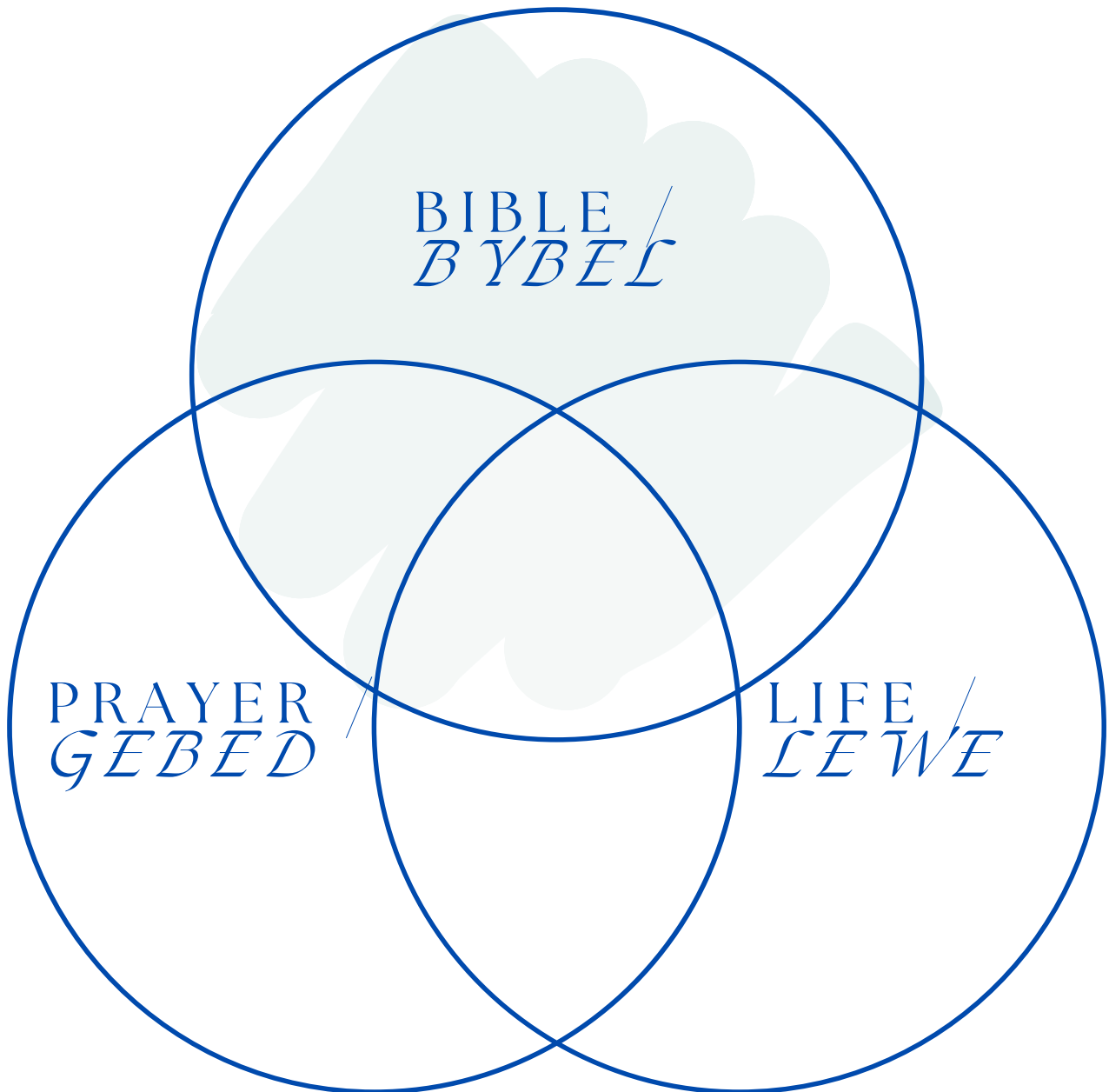
Adoration / Bewonder

Confession / Belei

Thanksgiving / Bedank

Supplication / Behoefte

2



Let's move on to area number 2: How can you learn to approach the Bible with confidence and boldness?

-

Kom ons beweeg aan na area nommer 2 toe: Hoe kan jy leer om die Bybel te benader met selfvertroue en vrymoedigheid?

Clean heart / *Skoon hart*

**The S.O.A.P. Bible study method helps you to approach
the Word of God in a new (and fresh) way.**

~

***Die S.E.E.P. Bybelstudie metode help jou om die Woord
van God in 'n nuwe (vars) manier te benader.***

*** SCRIPTURE**

*** OBSERVATION**

*** APPLICATION**

*** PRAYER**

*** SKRIF**

*** EIEN**

*** ENERS**

*** PRAAT**

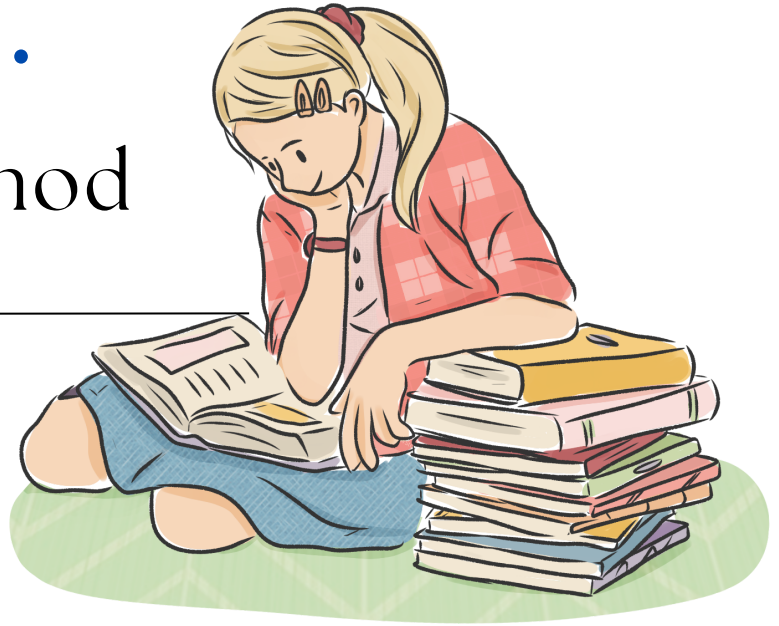


**All you need to do the SOAP Bible study method is a Bible,
a journal, a pen, and a passage of Scripture.**

***Al wat jy benodig om die SEEP Bybelstudie metode te doen
is 'n Bybel, 'n notaboek, 'n pen, en 'n Skrifgedeelte.***

S.O.A.P.

Bible study method



S- SCRIPTURE

Read a verse or passage of Scripture.

O- OBSERVATION

Ask questions about the story.

Like, "Who is in the story?" "What is happening?" "Where is it happening?"

A- APPLICATION

Think about how the story applies to your life. How can you use what you learned in the story?

P- PRAYER

Thank God for His Word and ask Him: What does this Bible piece tell me about You?

Notes to make

What words, phrases,
and ideas stand out
for you?

TAKE THE TIME TO
S.O.A.P. GOD'S
WORD AND SEE FOR
YOURSELF HOW
MUCH MORE
"FRESH" YOUR DAILY
TIME IN THE WORD
CAN BE. YOU WILL
BE AMAZED!

S.E.E.P.

Bybelstudie metode



S - SKRIF

Lees 'n vers of gedeelte uit die Bybel.

E- EIEN

Ondersoek die vers. Wat sê dit? Wat leer jy oor God, jouself, of die lewe? Wat tref jou?

E- ENERS

Hoe is hierdie van toepassing op jou lewe? Hoe kan jy dit prakties uitleef? Wat moet jy begin, ophou, of verander?

P - PRAAT MET GOD

Bid oor wat jy geleer het. Vra vir krag, wysheid of leiding. Dank Hom vir Sy woord. Gesels met God soos 'n vriend- eerlik en opreg...

Maak Notas

*Watter woorde, idees
en frases staan
vir jou uit?*

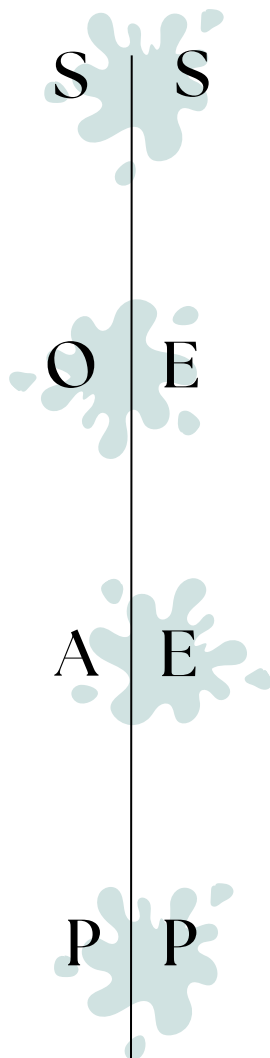
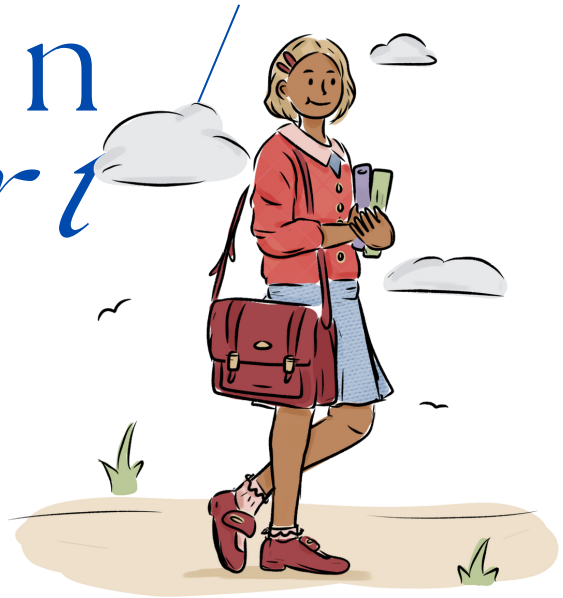
NEEM DIE TYD OM
GOD SE WOORD TE
S.E.E.P. EN JY SAL
SIEN HOEVEEL
MEER VARS JOU
DAAGLIKSE TYD IN
DIE WOORD KAN
WEES. JY SAL
VERBAAS WEES!

Your turn *Jou beurt*

Use the SOAP method on Philippians 4:4-6

-

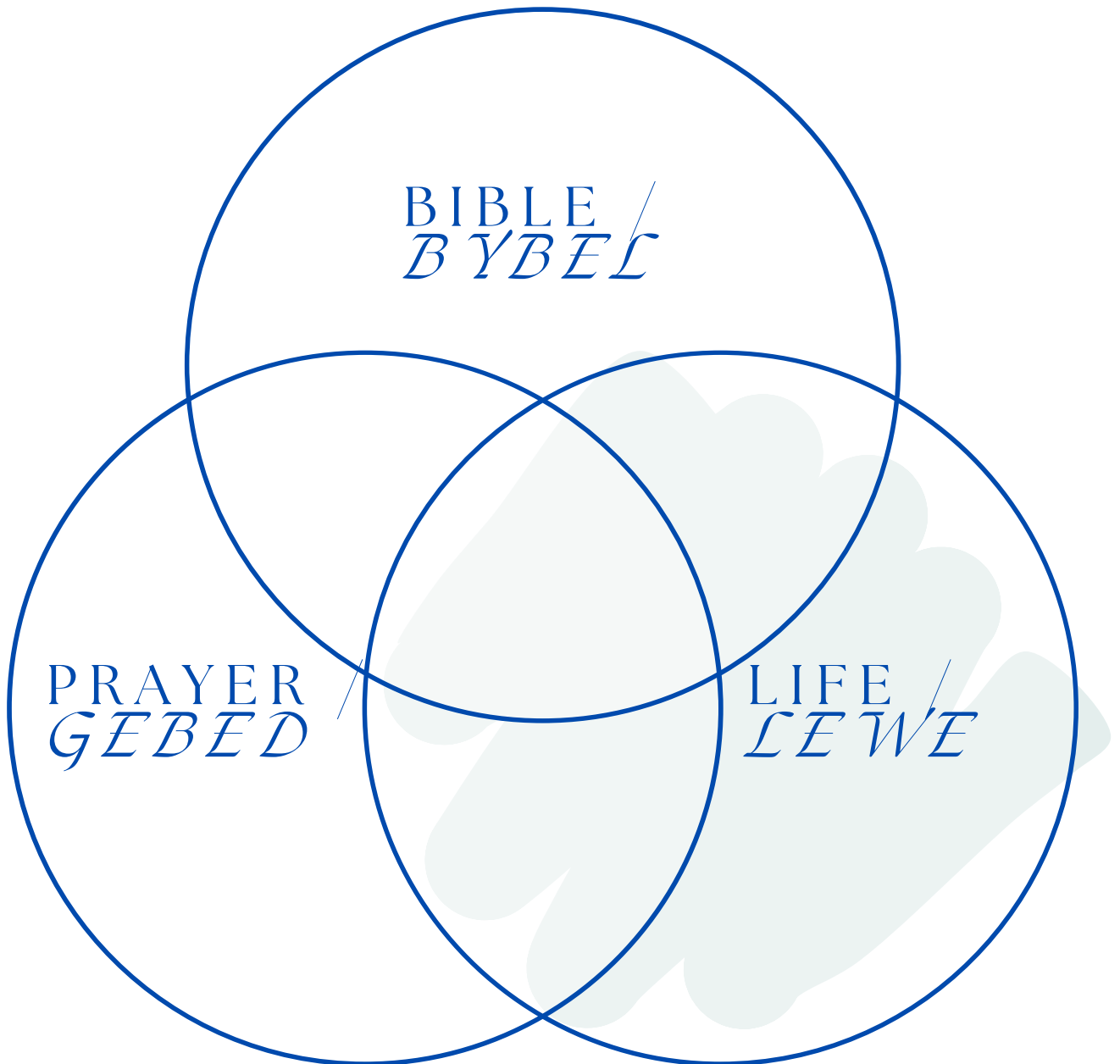
Gebruik die SEEP metode op Filippense 4:4-6



*Want to get even more comfortable with the Bible?

Sign up for Roadtrip247's completely free devotionals. Details on the last page.

3



Let's move on to area number 3: How can you practically live out your faith in your real daily life?

-

Kom ons beweeg aan na area nommer 3 toe: Hoe kan jy jou geloof prakties uitleef in jou regte alledaagse lewe?

BRAINSTORM

Think about your goal as becoming more like Jesus - Then use the blocks below to figure out how to live your life that way.

Dink oor jou doelwit as om meer soos Jesus te word. Gebruik dan die blokke hier onder om te bepaal hoe jy so kan lewe.

MY GOAL:

MY DOELWIT:

STOP
DOING

*HOU
OP*

DO
LESS OF

*DOEN
MINDER*

KEEP
DOING

*HOU
AAN*

DO
MORE OF

*DOEN
MEER*

START
DOING

*BEGIN
DOEN*

Smart Goals of Faith

Use these
examples
to jump-start your
walk with the
Lord!



1.

Read your Bible on a daily basis

2.

Pray each day using the ACTS method

3.

Start a daily walk & talk

4.

Think about God's perspective on things

5.

Memorize a Bible verse daily or weekly

6.

Start a Daily Prayer Journal

7.

Write in your Journal on a daily basis

8.

Set faith goals every 6 months

9.

Serve and help out at church

10.

Spread the Gospel with your lifestyle

READ THE WORD

Read the Word for
clear direction and
divine purpose.



MEDITATE

Meditate on Scripture
and ask God help you
focus on Him.



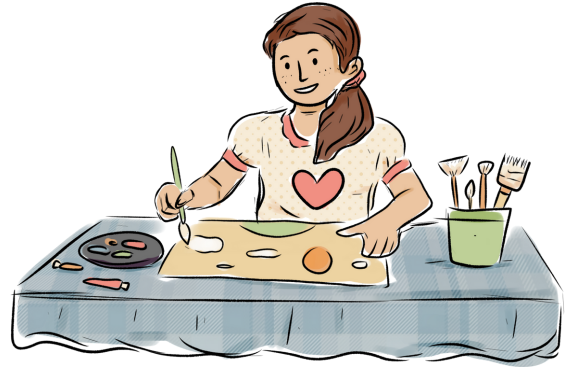
RECORD

Record your journey,
prayer requests, and
God-given thoughts.



Slim Doelwitte van Geloof

**Gebruik hierdie
voorbeelde en
begin jou
wandel met die
Here!**



1.

Lees jou Bybel op 'n daaglikse basis

2.

Bid elke dag met die 'ACTS' metode

3.

Begin 'n daaglikse stappie & gebed

4.

Dink oor God se perspektief op dinge

5.

Memoriseer 'n Bybelvers daaglik of weeklik

6.

Begin 'n Daaglikse Prayer Journal

7.

Skryf elke dag in jou Journal

8.

Stel geloof doelwitte elke 6 maande

9.

Dien en help uit by die kerk

10.

Deel die Evangelie met jou leefstyl

LEES DIE WOORD

**Lees die Woord vir
duidelike rigting en
God se doel.**



MEDITEER

**Mediteer op Skrif en vra
vir God om jou te help
fokus op Hom.**



HOU BOEK

**'Record' jou reis, gebed
versoeke, en God-gegewe
gedagtes.**



Your friends gossip,
what do you do?

*Jou vriende skinder
wat doen jy?*



Share your response
Deel jou antwoord

[illegible]

Here is a list of ideas to get involved in church, your community, and school

Hier is 'n lys van idees om betrokke te raak in jou kerk, gemeenskap, en skool



*Bible studie nights

*Worship nights

*Church podcast

*Game night

*Movie night

*Volunteer

Opportunities

* Photo Book

*Assisting other

Teachers

*Church Website and
and social media

*Bybelstudie aande

*Aanbiddings aande

*Kerk potgooi

*Speletjies aand

*Film aand

*Vrywilligers

geleenthede

*Fotoboek

*Help ander

onderwysers

*Kerk Webwerf en
sosiale media

CHALLENGE UITDAGING

Read a chapter
from the Bible

-
*Lees 'n hoofstuk
uit die Bybel*

Pray the Our
Father prayer

-
*Bid die Onse
Vader gebed*

Go a full day
without cursing

-
*Gaan 'n volle dag
sonder vloek*

Look up and read
Philippians 4:4

-
*Soek op en lees
Fillipense 4:4*

Pray for your food
before eating

-
*Bid vir jou kos
voor jy eet*

Say out loud:
"I am God's child"

-
*Sê hardop:
"Ek is God se kind"*

Choose a favorite
Bible character

-
*Kies 'n gunsteling
Bybel karakter*

Pray before
falling asleep

-
*Bid voordat jy
gaan slaap*

If someone
gossips, don't join

-
*As iemand
skinder, bly stil*

Read a Roadtrip
devotional

-
*Lees 'n Roadtrip
dagstukkies*

Pray through
reading Psalm 23

-
*Bid terwyl jy
Psalm 23 lees*

Send someone an
encouragement

-
*Bemoedig iemand
met 'n boodskap*

Read a different
translation

-
*Lees 'n ander
vertaling*

Pray for
somebody else

-
*Bid vir iemand
anders*

Ask God how He
wants to use you

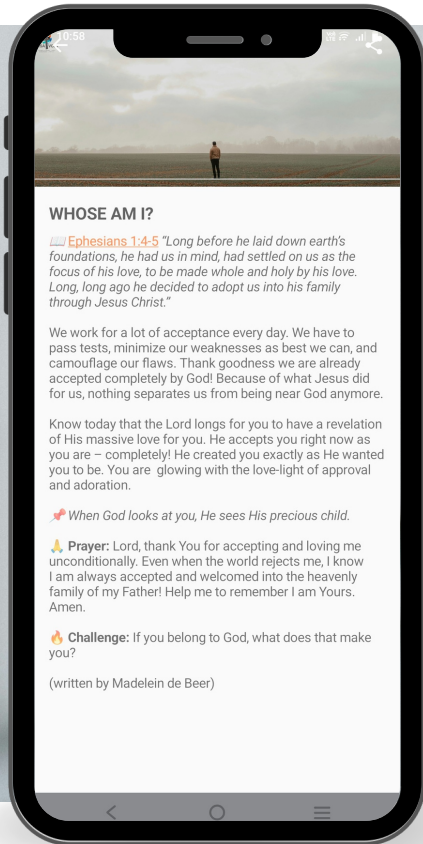
-
*Vra vir God hoe
Hy jou wil gebruik*

Read a physical
Bible (book)

-
*Lees 'n fisiese
Bybel (boek)*

**Snap a photo when you've completed the challenge and add it to
your Instagram story. Remember to tag us @roadtrip247**

***Neem 'n foto wanneer jy die uitdaging klaargemaak het en sit dit op
jou Instagram story. Onthou om ons te tag @roadtrip247***



An Easy App for Daily Faith Inspo



'n Maklike app vir geloof inspirasie

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